Date: September 26, 2012

Submitted by: Dr. Roy Wohl, Professor and Chair/Department of Kinesiology

X1968

SUBJECT: Removal of KN198 Lifetime Wellness as a University graduation requirement

Rationale:

Motion: Remove KN198 as a core requirement for Washburn University students.

The Kinesiology department has developed a new three (3) hour course, KN 248, which will provide a more in depth and critical look at the issues surrounding one's wellness. This new course will afford students the opportunity to learn about creating and maintaining a healthy lifestyle.

With the creation of this new course, the proposal is to remove KN 198 as a university requirement and offer the new course as general education credit in the social sciences distribution area. Removing KN198 as a requirement will reduce the tremendous amount of coordination necessary to have adjunct instructors scheduled, appropriate classroom and court/field space reserved, equipment available, and other instructional necessities for the considerable number of sections offered each semester.

Additionally, Kinesiology majors have doubled in the last few years. Removing the difficulties in scheduling and the struggles to have enough classroom and programming space will afford the Kinesiology department the ability to meet the demands for their own majors. This will also enable others (athletics, SAS, SON) who need the classrooms, court/field spaces, equipment and other instructional necessities better opportunities to increase their usage of the facilities.

Action:

Modify catalog language that would remove KN198 as a University core requirement.

The catalog language specifically removed would be as follows:

Course Description:

KN198 Lifetime Wellness (2)

This course explores fitness and wellness concepts which are important throughout one's life. Each student will participate in a selected activity and fitness assessment, attend lectures on wellness-related topics, and develop a personal wellness behavior change plan.

Additionally, catalog language regarding the University Requirement—KN198 Lifetime Wellness would be removed from all pages (i.e. Page 89-90: University Requirements common to all Bachelor Degrees; page 92, General Education requirements; page 176-177, Course Offerings, University Requirement—KN 198 Lifetime Wellness). Any reference to KN 198 in the requirements within other departments' and Schools' sections of the catalog will be removed as well.

Proposed Effective Date: Fall 2013.

NOTE: For the transition, the following will apply:

Spring 2013 semester: KN198 sections will be offered in normal fashion.

AY 2013-2014: A smaller appropriate number of KN198 sections will be offered

for students satisfying current requirements but the course will not be a requirement in the new catalog. Students may choose to satisfy degree requirements under their current catalog or

the new one.

Summer 2014 and beyond: KN 198 will be eliminated from the University catalog and not

be offered as a course.

Fall 2014 and beyond: Students enrolling at Washburn who have KN198 in their

planned program (e.g. those not enrolled for an extended period) would have the option based on recommendations of their advisor of substituting credits for the KN 198 course

(which will no longer be available).

Request for Action: Approval by AAC/.FAC/FS/ Gen Fac, etc

Approved by: AAC on 10-15-12

FAC on date

Faculty Senate on date

Attachments Yes ☐ No ☐